



NEWSLETTER

JULY 2022

Abound Health is committed to supporting individuals with intellectual disabilities, as well as their families and staff. **We believe that everyone has the potential to be empowered and make a difference in their community.**

The goal of this monthly newsletter is to keep our readers up-to-date on the latest industry news, positive developments, and the everyday successes of our clients and staff. Our focus is to build a supportive community of caregivers, advocates, and people with intellectual and developmental disabilities.

We encourage our readers to continue their advocacy and celebrate every victory.

Thank you for being a part of the Abound family!

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I/DD Updates

Disability Pride Month

July is Disability Pride Month, a time to celebrate the accomplishments of people with disabilities and to advocate for a more inclusive society. The disability rights movement has a long history, and it is important to remember how far we have come. We must continue to work together to create a future in which everyone can participate. Only then can we truly say that we are living up to our values of equality and inclusion. **Together, we can build a future where everyone can thrive.**



Abound Celebrates ADA Anniversary

July 26th marked the 32nd anniversary of the Americans with Disabilities Act, a landmark piece of legislation that has helped ensure that persons with disabilities have the same rights and opportunities as everyone else. The ADA has been instrumental in increasing access to employment, education, and public accommodations for people with disabilities.

In celebration of the anniversary, we asked our clients to showcase their abilities in a virtual talent show! Seeing each client beam with pride is a prime example of one of our core values: **to celebrate what makes us different.**

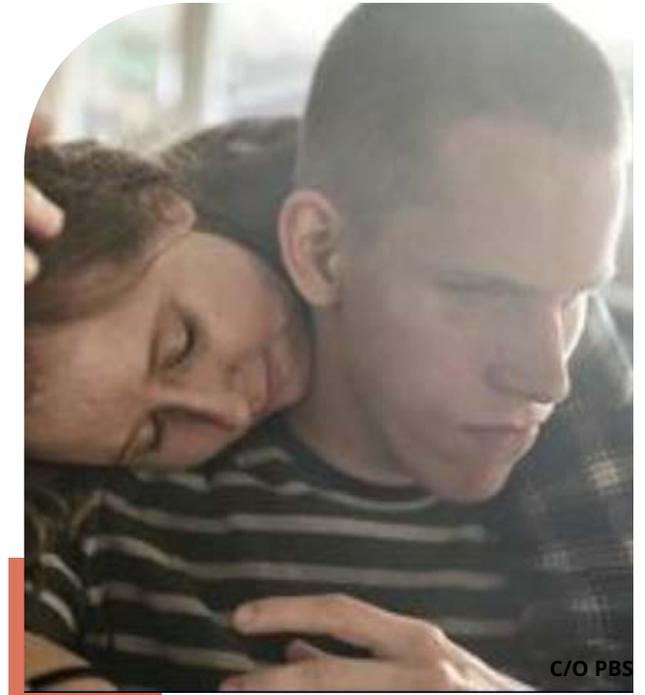
[Watch our Talent Show Here!](#)

I/DD Updates

PBS Documentary Discusses Flaws in Disability Supports

"He's My Brother" is an intimate and moving portrayal of a family coping with significant challenges. Christine's brother Peter is deaf, blind, and has autism, and when his day program closes, Christine and her parents become his only source of primary care. The film highlights the family's strength and resilience in the face of difficult circumstances, as well as the shortcomings of the current disability support system.

Christine's hope is that by sharing her family's story, she will help to bring about positive change for other families in similar situations.



[Watch the trailer Here!](#)

Biden Administration Debuts 'Bill of Rights' for Airline Passengers with Disabilities

Historically, airlines have often been insensitive to the needs of disabled passengers, making it difficult or even impossible for them to fly. However, the United States Department of Transportation has recently taken a stand for disabled travelers, releasing a document that guarantees their right to accessible air travel. This document, as part of the **Air Carrier Access Act**, requires airlines to provide reasonable accommodations for disabled passengers.

Disabled travelers can now fly with confidence knowing that they will be treated fairly and with respect.



Client Highlights

Visit to Raleigh Mudcats

Our TDP Raleigh/Clayton Day Program recently visited the Carolina Mudcats at Five County Stadium! Our group had a blast cheering on the home team and enjoying all the ballpark has to offer. Clients even got to meet their mascot, Muddy the Mudcat!

It was a truly unforgettable experience for everyone involved. We are so grateful to the Mudcats organization for their hospitality. We look forward to the next visit in anticipation!



National Cow Day

Our Alexander Opportunities Day Program celebrated National Cow Day! One of our own staff, Dakota, owns a cow and brought it to bond with our clients! This was a great opportunity for our clients to connect with and learn more about nature.

We are truly grateful to have such creative and passionate staff members that bring joy to our clients each day.

August Events

S M T W T F S

	1	2 CLT Bowling	3 Charlotte Library Movie Day	4	5 Greensboro Dreamsicle Day	6
7	8	9 • CLT Bowling • CLT Exercise Class • Greensboro Surprise Art Activity	10	11 • CLT Music Therapy • CLT Exercise Class • Greensboro DSP Appreciation Day	12	13
14	15	16 • CLT Bowling • CLT Exercise Class • Greensboro Health Awareness Day	17 Greensboro Bowling Day	18 CLT Exercise Class	19 Gastonia Hawaiian Prom	20
21	22	23 • CLT Bowling • CLT Exercise Class	24 Greensboro Game Day	25 • Goldsboro End of Summer Bash • CLT Music Therapy • CLT Exercise Class	26 • Raleigh Bowling Social • Greensboro Popcorn & Movie Day	27
28	29 Charlotte Visit to Schiele Museum	30 • CLT Bowling • CLT Exercise Class	31			



You can also view our events calendar on our website by clicking here.

Resources



Helpful Links

- [Find and contact your local legislators here.](#)
- [View internet safety tips here.](#)
- [Click here to view Financial assistance programs in your area.](#)
- [Access the NAMI Mental Illness Hotline here.](#)
- [Click here to view healthy living tips from the CDC.](#)



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