NEWSLETTER

AUGUST 2022

Abound Health is committed to supporting individuals with intellectual disabilities, as well as their families and staff. **We believe that everyone has the potential to be empowered and make a difference in their community.**

The goal of this monthly newsletter is to keep our readers up-to-date on the latest industry news, positive developments, and the everyday successes of our clients and staff. Our focus is to build a supportive community of caregivers, advocates, and people with intellectual and developmental disabilities.

We encourage our readers to continue their advocacy and celebrate every victory.

Thank you for being a part of the Abound family!

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I/DD Updates

Grant Program Makes Music Festivals More Accessible

For fans with disabilities, attending a major music festival can often be a challenge. Many festivals are not fully accessible, and even when they are, the cost of tickets can be prohibitive. That's why Accessible Festivals is excited to announce the Dan Grover Memorial Ticket Grant Program.

Through this program, fans with disabilities will be able to receive free tickets to major music festivals. **For fans with disabilities, the program will provide an opportunity to experience the joy of live music without worrying about the cost or accessibility challenges.**

Learn more here!

Family Creates Adaptable Clothing Line for Children with Disabilities

When five-year-old Charlotte Brooks was diagnosed with cerebral palsy, her parents were determined to help her live as normal a life as possible. One of the biggest challenges they faced was finding clothes that would be both comfortable and stylish for their daughter. **Most mainstream clothing companies did not offer any options for kids with disabilities, so the Brooks family decided to start their own line of adaptive clothing.**

The line, called The Charlotte Letter, includes items like zip-up rompers and feeding tube covers. Thanks to the efforts of the Brooks family, more and more kids with disabilities are able to enjoy the simple act of getting dressed each day.

Client Highlights

Gastonia Day Program Holds 'Aloha' Prom

At Abound Health, the meaning of Aloha is deeply rooted throughout our company culture and organization. It is our way of showing compassion and kindness to others, of working together in harmony, and of approaching every situation with a positive attitude. It is also how we choose to celebrate big moments, including our recent 'Aloha' Prom in Gastonia. Clients and staff donned their Hawaiian best, while enjoying music and dancing together. **This event was one of many ways that we incorporate our core value of 'Celebrate what Makes Us Different' and we look forward to many more!**

Shelby Baseball Outing

The Shelby Day Program was recently invited to attend the American Legion World Series! Our crew sang and danced in the stands while the teams practiced and played games. The energy and excitement of the event was truly infectious, and our group had a blast cheering on the teams. We are already looking forward to next year's tournament and hope to have even more participants from the Shelby Day Program join in on the fun!

September Events

S	M	T	W	T	F	S
				1 CLT Exercise Class	2 CLT Fire Station Tour	3
4	5	6 • CLT Bowling • CLT Exercise Class	7	8 • Raleigh Meet Your QP Event • CLT Exercise Class	9 Greensboro DSP Appreciation Cookout	10
11	12	13 • CLT Bowling • CLT Exercise Class • Triad Art Activity	14 Raleigh Meet Your QP Event	15 • Goldsboro Pizza in the park • CLT Exercise Class • CLT Pool Day	16 CLT Apple Picking	17
18	19 Abound Singing Group	20 • CLT Bowling • CLT Exercise Class	21 • Greensboro Bowling Day • Raleigh Art Showcase • Coastal Pizza Party	22 • Coastal Sno Ball Visit • CLT Exercise Class	23 CLT Rose Garden Visit	24
25	26 Raleigh Bowling Social	27 • CLT Bowling • CLT Exercise Class	28 • Coastal Pizza Party • Triad Game Day	29 • CLT Cookout • CLT Exercise Class	30 Triad Movie Day	

You can also view our events calendar on our website by clicking here.

Resources

Helpful Links

- Find and contact your local legislators here.
- Learn about the NC Able Program here.
- Click here to view Financial assistance programs in your area.
- Learn about emergency preparedness here.
- Click here to view healthy living tips from the CDC.

View employment opportunties here!

Follow us on Facebook here!

To submit feedback or seek advocacy assistance, click here to submit an entry to our Speak Up Page.

Request Services