NEWSLETTER

JAN 2023

Happy New Year!

As we bid farewell to the old year and welcome the new one, we feel a palpable sense of hope and excitement. The prospect of new possibilities is a thrilling reminder that anything is achievable with courage and vision.

This New Year presents us with an opportunity to reflect on our past, while looking ahead in anticipation of what lies ahead. Let us renew our commitment to living life to the fullest and celebrating our community.

Thank you for being a part of the Abound family!

WHAT'S INSIDE

Welcome

I/DD Updates

Year in Review

Upcoming Events

Resources

I/DD Updates

Abound Health Holds Supported Employment Symposium

Hosted by the Abound Health Advocacy team, this annual panel provides resources and information about the I/DD workforce. With distinguished guest speakers and success stories, we explore and celebrate the benefits of Supported Employment.

This forum is one of the many efforts made by our Advocacy team to remedy the high unemployment rate in the I/DD community. We look forward to empowering more clients through meaningful work.

View the entire Supported Employment Symposium Here!

Abound Health Client to Star in Film Alongside Woody Harrelson

Kevin Iannucci has been living his dream of being in the film industry and his latest feature, **Champions**, set to release March 24th of this year, is sure to send him soaring. During his 2 1/2 month filming stay in Winnipeg, he truly found a home among the cast and crew.

His dreams don't stop here- Kevin is reaching for the stars and ambitioning for great recognition like an Oscar or Emmy someday. When not acting, Kevin enjoys playing video games, writing scripts, participating in Special Olympics and spending quality time with loved ones. Kevin's passion for creating art will take him far and we can't wait to see what greatness awaits!

Watch the 'Champions' trailer here!

abound HEALTH | Year in Review

2022 was full of challenges, comradery and achievements.

Thank you to everyone for making these successes possible.

4,291,197
Hours of support

2,409
Individuals served

3,174
Triannual bonuses paid

hola

100%
Trainings translated to Spanish

205
Clients working

26,486
Call center calls

Facebook Community members **917**

THNKS sent **1,011**

People reached on Facebook **130K**

The I/DD Community Needs You!

- Our mission is to provide individuals with I/DD with all of the tools and support they need to strive.
- Apply today if:
  - You enjoy helping others
  - You want to make a difference
  - You're ready to change someone's life for the better!

View employment opportunties here!

January Events

S	M	T	W	T	F	S
1	2	3 CLT Exercise Class	4 CLT Skate Party	5 • CLT Cooking Class • CLT Karaoke	6 CLT Flower Arranging	7
8	9 • CLT Music Therapy • CLT Winter Craft	10 • CLT Bowling • CLT Exercise Class • Alexander Opportunities Movie Day	11 • CLT Devotional • CLT Bingo • CLT Karaoke	12 • CLT Bowling • CLT Cafe Meetup	13 CLT Spa Day	14
15	16	17 • CLT Bowling • CLT Exercise	18 • CLT Devotional • CLT Yoga • CLT Karaoke	19 • CLT Bowling • CLT Sports Day	20 CLT Movie Day	21
22	23	24 • CLT Bowling • CLT Exercise	25 • CLT Devotional • CLT Bingo • CLT Karaoke	26 • CLT Exercise • CLT Top Golf Day	27	28
29	30 CLT Dance Party	31 • CLT Bowling • CLT Exercise • Alexander Opportunities Bowling				

You can also view our events calendar on our website by clicking here.

RESOURCES

- **View internet safety tips here.**

- **Access the NAMI Mental Illness Hotline here.**
- **Click here to view Financial assistance programs in your area.**
- **Click here to view healthy living tips from the CDC.**

To submit feedback or seek advocacy assistance, click here to submit an entry to our Speak Up Page.

Find and contact your local legislators here.

Follow us on Instagram Here!

Request Services

Abound Health | 2020 S. Tryon Street, Suite B , Charlotte, NC 28203

Unsubscribe advocate@aboundhealth.com

Update Profile |Constant Contact Data Notice

Sent bymarketing@aboundhealth.comin collaboration with

Constant Contact

Try email marketing for free today!